

Procedure Checklists for Craven and Hirnle's Fundamentals of Nursing: Human Health and Function, 6th edition

Name _____ Date _____

Unit _____ Position _____

Instructor/Evaluator: _____ Position _____

Excellent	Satisfactory	Needs Practice	Administering Oxygen via a Nasal Cannula	
			Goal: To deliver low to moderate levels of oxygen to relieve hypoxia.	Comments
_____	_____	_____	1. Review chart for physician's order for oxygen to ensure that it includes method of delivery, flow rate, titration orders; identify client.	
_____	_____	_____	2. Wash your hands.	
_____	_____	_____	3. Identify client and proceed with 5 rights of medication administration. Explain procedure to client. Explain that oxygen will ease dyspnea or discomfort, and inform client concerning safety precautions associated with oxygen use. Encourage him or her to breathe through the nose.	
_____	_____	_____	4. Assist client to semi- or high Fowler's position, if tolerated.	
_____	_____	_____	5. Insert flowmeter into wall outlet. Attach oxygen tubing to nozzle on flowmeter. If using a high O ₂ flow, attach humidifier. Attach oxygen tubing to humidifier.	
_____	_____	_____	6. Turn on the oxygen at the prescribed rate. Check that oxygen is flowing through tubing.	
_____	_____	_____	7. Hold nasal cannula in proper position with prongs curving downward.	
_____	_____	_____	8. Place cannula prongs into nares.	
_____	_____	_____	9. Wrap tubing over and behind ears.	
_____	_____	_____	10. Adjust plastic slide under chin until cannula fits snugly.	
_____	_____	_____	11. Place gauze at ear beneath tubing as necessary.	
_____	_____	_____	12. If prongs dislodge from nares, replace promptly.	
_____	_____	_____	13. Assess for proper functioning of equipment and observe client's initial response to therapy.	
_____	_____	_____	14. Monitor continuous therapy by assessing for pressure areas on the skin and nares every 2 hours and rechecking flow rate every 4 to 8 hours.	