## CONTENTS

### Preface  iv

### PART ONE: The Principles of Hematology  1

#### 1 Safety and Quality in the Hematology Laboratory  1

- **An Overview of the Hematology Laboratory**  1
- **The Study of Hematology**  1
- **Functions of the Hematology Laboratory**  1
- **Safety in the Hematology Laboratory**  2
  - **The Safety Officer**  2
  - **Occupational Safety and Health Administration Acts and Standards**  2
  - **Avoiding Transmission of Infectious Diseases**  3
  - **Immune Status: Screening and Vaccination**  5
- **Safe Work Practices and Protective Techniques for Infection Control**  6
  - **Safety Manual, Policies, and Practices**  6
  - **Standard Precautions**  6
  - **Handwashing**  6
  - **Personal Protective Equipment**  7
  - **Decontamination of Work Surfaces, Equipment, and Spills**  8
  - **General Infection Control Safety Practices**  9
  - **OSHA Medical Waste Standards**  11

- **Quality Assessment in the Hematology Laboratory**  12
  - **Regulations and Organizations Impacting Quality**  12
  - **Components of Quality Assessment**  12
  - **Nonanalytical Factors in Quality Assessment**  12

- **Quality Control in the Hematology Laboratory**  16
  - **Functions of a Quality Control Program**  17
  - **Using Statistical Analysis of Results in Quality Assessment**  18
  - **Other Statistical Applications in the Hematology Laboratory**  20

- [**CHAPTER HIGHLIGHTS**  20](#)
- [**REVIEW QUESTIONS**  21](#)
- [**BIBLIOGRAPHY**  23](#)

#### 2 Principles of Blood Collection  25

- **Quality in Phlebotomy**  25
  - **Quality Assessment**  25
  - **Patient Care Partnership**  25
  - **The Phlebotomist as Laboratory Ambassador**  26

- **Patients with Special Considerations**  26
  - **Pediatric Patients**  26
  - **Adolescent Patients**  26
  - **Geriatric Patients**  26

- **Blood Collection Supplies and Equipment**  26
  - **Anticoagulants**  26
  - **Adverse Effects of Additives**  27
  - **Safe Blood Collection**  27
  - **Evacuated Blood Collection Tubes**  29
  - **Anticoagulants and Additives in Evacuated Blood Tubes**  31
  - **Capillary Blood**  31
  - **Specimen Handling Requirements**  32

- [**CHAPTER HIGHLIGHTS**  45](#)

### PART TWO: Erythrocytes  89

#### 5 Erythrocyte Maturation, Physiology, and Lifecycle  89

- **Erythropoiesis**  90
  - **Erythropoietin**  90
  - **General Characteristics of Maturation and Development**  91
  - **Developmental Stages**  92
  - **Reticulocytes**  94

- [**CHAPTER HIGHLIGHTS**  86](#)
- [**REVIEW QUESTIONS**  87](#)
- [**BIBLIOGRAPHY**  87](#)
Disorders Related to Erythrocyte Maturation and Production 97
- Disorders of Erythropoietin 97
- Red Cell Increases 98
- Defective Nuclear Maturation 98

Characteristics and Biosynthesis of Hemoglobin 98
- Genetic Inheritance of Hemoglobin 98
- Chemical Composition and Configuration of Hemoglobin 98
- The Role of 2,3-Diphosphoglycerate 99
- Oxygen Dissociation and Alterations 99
- Carbon Dioxide Transport 100
- Biosynthesis of Hemoglobin 101

Disorders Related to Hemoglobin Biosynthesis 104
- Disorders of Heme (Porphyrin) Synthesis 104
- Disorders of Iron Metabolism 105
- Disorders of Globulin Synthesis 108
- Ontogeny of Hemoglobin 108

Variant Forms of Normal Hemoglobin 109
- Abnormal Hemoglobin Molecules 110

Membrane Characteristics and Metabolic Activities of Erythrocytes 111
- Membrane Characteristics 112
- Cytoplasmic Characteristics 113
- Metabolic Activities 113
- Catabolism of Erythrocytes 114

Measurement of Erythrocytes 116
- Mean Corpuscular Volume 116
- Mean Corpuscular Hemoglobin 117
- Mean Corpuscular Hemoglobin Concentration 117

Erythrocyte Morphology and Inclusions 126
- Erythrocytes: Normal and Abnormal 126
- Types of Variations in Erythrocyte Size 126
- Kinds of Variations in Erythrocyte Shape 127
- Alterations in Erythrocyte Color 134
- Varieties of Erythrocyte Inclusions 135
- Alterations in Erythrocyte Distribution 137
- Parasitic Inclusions in Erythrocytes 137
- Malaria 137
- Other Parasitic Inclusions 141

Classification and Laboratory Assessment of Anemias 145
- Causes of Anemia 145
- Clinical Signs and Symptoms of Anemia 145
- Classification of Anemias 145
- Laboratory Assessment of Anemias 146
- Quantitative Measurements of Anemia 147
- Semiquantitative Grading of Erythrocyte Morphology 147
- Supplementary Assessment of Anemias 148

Acute and Chronic Blood Loss Anemias 150
- Acute Blood Loss Anemia 150
- Physiology 150
- Laboratory Findings 150
- Chronic Blood Loss Anemia 150
- Etiology 150

Aplastic and Related Anemias 154
- Aplastic Anemia 154
- Etiology 154
- Pathophysiology 155
- Clinical Features 158
- Laboratory Findings 158
- Treatment 158

Iron Deficiency Anemia and Anemia of Chronic Inflammation 166
- Scope of the Problem 166
- Iron Deficiency Anemia 166
- Early Diagnosis 166
- Epidemiology 167
- Physiology 168
- Pathophysiology 169
- Clinical Signs and Symptoms 170
- Laboratory Characteristics 170
- Anemia of Inflammation or Anemia of chronic Disorders 173
- Etiology 173
- Pathophysiology 173
- Laboratory Characteristics 174
- Treatment 175

Megaloblastic Anemias 181
- Megaloblastic Anemias 181
- Etiology 181
- Epidemiology 182
- Physiology 182
- Vitamin B12 (Cobalamin) Transport 182
- Vitamin B12 (Cobalamin) and Folic Acid Deficiencies 183
- Pathophysiology 184
- Gastric Pathological Findings 184
- Clinical Signs and Symptoms 186
- Laboratory Findings 186
- Treatment and Monitoring Therapy 188

Index 191
12 Hemolytic Anemias ................................. 192

Hemolytic Anemias 192
Inherited Hemolytic Anemia 192
Acquired Hemolytic Anemia 197
Pathophysiology 200
Diagnostic Tests 201
Paroxysmal Nocturnal Hemoglobinuria 201
Etiology 201
Epidemiology 202
Pathophysiology 202
Clinical Signs and Symptoms 202
Laboratory Findings 203
Treatment 203
Paroxysmal Cold Hemoglobinuria 203

■ Chapter Highlights 203
■ Case Studies 204
■ Review Questions 207
■ Bibliography 208

13 Hemoglobinopathies and Thalassemias ....... 210

Hemoglobin Defects 210
Demographics 210
Etiology 210
Sickle Cell Disease 211
Etiology 212
Epidemiology 212
Pathophysiology 212
Clinical Signs and Symptoms 213
General Signs and Symptoms 214
Laboratory Testing 214
Management of Sickle Cell Disease 216
Sickle Cell Syndromes: Pathogenesis and New Approaches 218
Sickle β-Thalassemia 218
Sickle-C Disease 219
Sickle Cell Trait 219
Thalassemia 220
Demographics 220
Etiology 220
Pathophysiology 220
β-Thalassemia 220
α-Thalassemia 223
Other Hemoglobinopathies 224
Hemoglobin C Disease 224
Hemoglobin SC Disease 224
Hemoglobin D Disease 224
Hemoglobin E Disease 224
Hemoglobin H Disease 225
Methemoglobinemia 225
Unstable Hemoglobins 225
Hereditary Persistence of Fetal Hemoglobin 225

■ Chapter Highlights 226
■ Case Studies 227
■ Review Questions 232
■ Bibliography 233

PART THREE:
Leukocytes 235

14 Leukocytes: The Granulocytic and Monocytic Series .................................. 235
Introduction 235
The Granulocytic Series 235
Production of Neutrophils, Eosinophils, and Basophils 235
Sites of Development and Maturation 236
Development and Proliferation of Neutrophils, Eosinophils, and Basophils 236
Distribution of Neutrophils, Eosinophils, and Basophils 236
Normal Maturational Characteristics of Neutrophils, Eosinophils, and Basophils 237
Mature Forms 239
Granulation in Mature Forms 239
The Monozytic-Macrophage Series 240
Production and Development of Monocytes and Macrophages 240
Morphological Characteristics 241
Reference Ranges of Granulocytes and Monocytes 241
Functional Properties of Granulocytes and Monocytes 242
General Characteristics 243
The Role of Macrophages 243
Acute Inflammatory Response 243
Sepsis 245
Steps in Phagocytosis 245
Specialized Functions of Granulocytes 247
Assessment Methods 248
Total Leukocyte Count 248
Differential Blood Smear Evaluation 248
Absolute Cell Counts 248
Erythrocyte Sedimentation Rate 248
Assessment of Eosinophils and Basophils 249
Leukocyte Alkaline Phosphatase Test 249
Neutrophilic Function 249
Neutrophilic Hypersegmentation Index 249

■ Chapter Highlights 249
■ Case Study 250
■ Review Questions 251
■ Bibliography 253

15 Nonmalignant Disorders of Granulocytes and Monocytes .......................... 254
Quantitative Disorders 254
Leukocytosis 254
Leukopenia 255
Morphological Abnormalities of Mature Granulocytes 256
Toxic Granulation 256
Döhle Bodies 256
Hypersegmentation 256
Pelger-Huët Anomaly 256
May-Hegglin Anomaly 257
Chédiak-Higashi Syndrome 257
Alder-Reilly Inclusions 258
Ehrlichia 258
Abnormalities of Mature Granulocytes in Body Fluids 258
Qualitative Disorders 258
Defective Locomotion and Chemotaxis 258
Defects in Microbicidal Activity 259
Other Functional Anomalies of Neutrophils 259
Monocyte-Macrophage Disorders 259
Gischaer Disease 259
Niemann-Pick Disease 260

■ Chapter Highlights 260
■ Case Studies 260
■ Review Questions 264
■ Bibliography 265

16 Leukocytes: Lymphocytes and Plasma Cells .... 266
Anatomical Origin and Development of Lymphocytes 266
Sites of Lymphocytic Development 266
Lymphocyte Physiology 267
Normal Reference Values 267
Determining Absolute Lymphocyte Values 268
Morphological Characteristics of Normal Lymphocytes 268
Maturational Stages 269
Specific Lymphocyte Morphological Variations 272
Contents

1. Blood Coagulation Factors 410
   - Basic Concepts of Blood Coagulation 410
   - Common Characteristics of Coagulation Factors 410
   - Characteristics of Individual Factors 410
   - The Mechanism of Coagulation 413
     - Coagulation Pathways 413
     - Thrombin-Mediated Reactions 414
     - Fibrinolysis 414
   - Other Systems and Inhibitors 415
   - Laboratory Assessment of Blood Coagulation Factors 416
     - International Normalized Ratio 416
     - Specialized Assays for Coagulation Factors 417
     - Anticoagulants 417
     - New Thromboplastins 418
     - Assays for Fibrin Formation 419
   - Normal Protective Mechanisms Against Thrombosis 420
     - Normal Blood Flow 420
     - Removal of Activated Clotting Factors and Particulate Material 420
   - The Natural Anticoagulant Systems 420
   - Cellular Regulators 424

2. Disorders of Hemostasis and Thrombosis 431
   - Vascular Disorders 431
     - Abnormal Platelet Morphology 432
     - Quantitative Platelet Disorders 432
     - Thrombocytopenia 432
     - Thrombocytosis 436
   - Qualitative Characteristics of Platelets: Thrombocytopeny 436
   - Types of Platelet Dysfunctions 437
   - Bleeding Disorders Related to Blood Clotting 439
     - Defective Production 440
     - Disorders of Destruction and Consumption 445
     - Disorders Related to Elevated Fibrin Split Products 449
   - The Hypercoagulable State 450
     - Primary States of Hypercoagulability 450
     - Secondary States of Hypercoagulability 450
   - Pregnancy-Associated Thrombosis 450
     - General Features 451
     - Impaired Fibrinolysis 454
     - Antithrombin III Deficiency 456
     - Laboratory Assessment of Hypercoagulable States 457

24. Normal Protective Mechanisms Against Thrombosis 420
25. Disorders of Hemostasis and Thrombosis 431
26. Instrumentation in Hematology 526
27. Summary 559

PART SIX: Fundamentals of Hematological Analysis 465

25. Body Fluid Analysis 465
   - Introduction 466
   - Cerebrospinal Fluid 466
     - Anatomy and Physiology 466
     - Production of Cerebrospinal Fluid 466
     - Specimen Collection: Lumbar Puncture 466
     - Laboratory Analysis 467
   - Pleural, Peritoneal, and Pericardial Fluids 473
     - Effusions: Transudates and Exudates 473
     - Pleural Fluid 473
   - Peritoneal Fluid 478
   - Pericardial Fluid 482
   - Seminal Fluid 484
   - Synovial Fluid 486
   - Anatomy and Physiology of Joints 486
   - Purpose of Arthrocentesis 486
   - Aspiration 487
   - Laboratory Assays 487
   - Body Fluid Slide Preparation 490
   - Staining of Body Fluid Sediment 490
   - Amniotic Fluid 490

   - Procedural Format 498
   - Coagulation Procedures 516
     - Specimen Quality 516
     - Special Collection Techniques 516
     - Anticoagulants 517
     - Specimen Handling 517
     - Specimen Preparation 517
     - General Sources of Error 517
     - Quality Control 518

27. Instrumentation in Hematology 526
   - Instrumental Principles 527
     - The Electrical Impedance Principle 527
     - The Optical Detection Principle 527
     - Characteristics of Light Scatter 527
     - Radio Frequency 528
     - Fundamentals of Laser Technology 528
     - Principles of Flow Cytometry 529
     - The Basis of Cellular Identification 529
   - Whole Blood Cell Analysis 531
     - Types of Automated Cell Counting Instruments 532
     - General Histogram Characteristics 543
   - Analysis of Instrumental Data Output 543
     - The Erythrocyte Histogram 543
     - Quantitative Descriptors of Erythrocytes 543
     - The Leukocyte Histogram 544
     - Platelet Histograms 545
     - Derived Platelet Parameters 546
   - Laser Technology 547
     - Red Blood Cells/Platelets 547
     - Peroxidase 548
     - Basophil/Lobularity (Nuclear) Channel 549
     - Lymphocyte Subtyping 549
   - Applications of Flow Cytometry 549
     - General Properties of Flow Cytometry 550
     - Hematological Applications 550
     - Clinical Applications of Flow Cytometry 550
     - Other Cellular Applications 551
   - Digital Microscopy 554
     - Artificial Neural Networks 554
     - Digital Cell Morphology 554
   - Instruments in Coagulation Studies 555
     - Electromechanical Methods 555
     - Photo-Optical Methods 555
     - Viscosity-based Detection System 558
     - Platelet Agglutination 559
     - Platelet Aggregation 559
     - New Automation 559
   - Summary 559
     - Instrumental Principles 559
     - Analysis of Electrical Impedance Instrumental Data Output 559

28. Digital Cell Morphology 564
29. Artificial Neural Networks and Digital Cell Morphology 564
30. Electromechanical Methods 555
31. Summary 569

BIBLIOGRAPHY 496

PART SIX: Fundamentals of Hematological Analysis 465