Taylor’s Video Guide to Clinical Nursing Skills
Third Edition

Module 1: Asepsis
- Introduction to Asepsis
- Performing Hand Hygiene
- Key Points for Sterile Technique
- Preparing a Sterile Field: Packaged Drape and Individually Packaged Supplies
- Putting on Sterile Gloves
  - Unexpected Situation
- Removing Soiled Gloves
- Preparing a Sterile Field: Pre-Packaged Kits
- Putting on Personal Protective Equipment
- Removing Personal Protective Equipment
  - Unexpected Situation

Module 2: Vital Signs
- Introduction to Vital Signs
- Measuring Oral Temperature, Radial Pulse, Respiratory Rate, and Blood Pressure
  - Unexpected Situations
- Assessing Blood Pressure Using an Automatic Electronic Device
- Assessing Systolic Blood Pressure Using a Doppler Ultrasound
- Measuring Blood Pressure and Pulse to Assess for Orthostatic Hypotension
- Measuring a Tympanic Temperature
- Measuring a Rectal Temperature
- Measuring an Axillary Temperature
- Measuring an Apical Pulse
- Measuring an Apical-Radial Pulse

Module 3: Physical Assessment
- Introduction to Physical Assessment
- Beginning the Physical Assessment
- Assessing the Head
- Assessing the Eyes
- Assessing the Ears
- Assessing the Nose and Sinuses
- Assessing the Mouth and Throat
- Assessing the Neck
- Assessing the Arms, Hands, and Fingers
- Assessing the Posterior and Lateral Thorax
- Assessing the Anterior Thorax
- Assessing the Heart
- Assessing the Abdomen
- Assessing the Legs, Feet, and Toes
• Assessing the Musculoskeletal and Neurological Systems
• Conclusion

Module 4: Oral and Topical Medications
• Introduction to Oral and Topical Medications
• The Three Checks and the Rights of Medication Administration
• Preparing Unit-Dose Packaged Medications
• Removing a Medication Tablet From a Bottle
• Splitting Tablet Medication
• Preparing Liquid Medication
• Administering Oral Medications
  • Unexpected Situations
• Preparing Medications for Administration via a Gastric Tube
• Administering Medications via a Gastric Tube
• Applying a Transdermal Patch
• Administering Eye Drops
• Administering Eardrops
• Administering a Rectal Suppository
• Administering Medication via a Metered-Dose Inhaler
• Administering Medication via a Small-Volume Nebulizer
• Administering Medication via a Dry Powder Inhaler

Module 5: Injectable Medications
• Introduction to Injectable Medications
• Preparing Medication From an Ampule
• Preparing Medication From a Vial
• Mixing Two Insulins in One Syringe
• Administering an Intradermal Injection
• Administering a Subcutaneous Injection
• Using an Insulin Injection Pen to Administer Insulin via the Subcutaneous Route
• Locating Intramuscular Sites
• Administering an Intramuscular Injection

Module 6: Intravenous Medications
• Introduction to Intravenous Medications
• Administering IV Medications by Piggyback Infusion via an Electronic Infusion Device
  • Unexpected Situations
• Administering IV Medications by Piggyback Infusion via Gravity
• Administering IV Medications Using a Mini Infusion Pump
• Administering IV Medications Using a Volume Control Administration Set
• Introducing Drugs Through a Medication or Drug-Infusion Lock
  • Unexpected Situations

Module 7: Perioperative Nursing
• Introduction to Perioperative Nursing
• Preoperative Teaching
  o Deep Breathing Exercises
  o Splinting and Coughing
  o Incentive Spirometry
  o Postoperative Leg Exercises
  o Turning Properly in Bed
• Preoperative Nursing Care on the Day of Surgery
• Postoperative Nursing Care on the Day of Surgery
  o Unexpected Situations
• Applying a Pneumatic Compression Device

Module 8: Hygiene
• Introduction to Hygiene
• Giving a Bed Bath
• Performing Perineal Cleansing for a Male Patient
• Performing Perineal Cleansing for a Female Patient
• Assisting a Patient With Oral Care
  o Skill Variation: Providing Denture Care
  o Skill Variation: Providing Oral Care for an Unconscious Patient
• Making an Unoccupied Bed
• Making an Occupied Bed
  o Unexpected Situation

Module 9: Skin Integrity and Wound Care
• Introduction to Skin Integrity and Wound Care
• Cleaning a Surgical Wound and Applying a Dry, Sterile Dressing
  o Unexpected Situations
• Irrigating a Wound Using Sterile Technique
• Caring for a Pressure Ulcer
  o Assessing a Pressure Ulcer
  o Packing a Wound With a Saline-Moistened Dressing
• Collecting a Wound Culture
• Caring for a Jackson-Pratt or Hemovac Drain

Module 10: Activity
• Introduction to Activity
• Turning a Patient in Bed
• Moving a Patient Up in Bed
• Transferring a Patient From Bed to a Stretcher
• Assisting a Patient From Bed into a Wheelchair
  o Unexpected Situation
• Transferring a Patient Using a Powered Full-Body Sling Lift
• Providing Range-of-Motion Exercises
Module 11: Comfort
- Introduction to Comfort
- Assessing Pain
- Caring for a Patient Receiving Patient-Controlled Analgesia (PCA)

Module 12: Nutrition
- Introduction to Nutrition
- Inserting a Nasogastric Tube
  - *Unexpected Situation*
- Administering a Continuous Tube Feeding: Using a Feeding Pump and a Prefilled, Closed Tube Feeding Set-Up
- Administering an Intermittent Tube Feeding: Using a Gravity Set-Up and an Open Feeding Bag System
- Irrigating a Nasogastric Tube
  - *Unexpected Situation*
- Removing a Nasogastric Tube
- Obtaining a Capillary Blood Sample for Glucose Testing

Module 13: Urinary Elimination
- Introduction to Urinary Elimination
- Assisting With a Bedpan
  - *Unexpected Situation*
- Assisting With a Urinal
- Applying a Condom Catheter
  - *Unexpected Situation*
- Caring for a Urinary Stoma
- Collecting a Midstream Urine Specimen

Module 14: Urinary Catheters
- Introduction to Urinary Catheters
- Catheterizing the Female Urinary Bladder: Intermittent and Indwelling Catheters
  - *Unexpected Situation*
- Catheterizing the Male Urinary Bladder: Indwelling and Intermittent Catheters
  - *Unexpected Situation*
- Indwelling Urinary Catheter: Unexpected Situation
- Collecting a Urine Specimen From an Indwelling Catheter
- Removing an Indwelling Urinary Catheter
- Irrigating the Urinary Catheter Using a Closed System

Module 15: Bowel Elimination
- Introduction to Bowel Elimination
- Administering a Large-Volume Cleansing Enema
  - *Unexpected Situation*
- Administering a Small-Volume Cleansing Enema
- Emptying an Ostomy Appliance
• Changing an Ostomy Appliance
  o *Unexpected Situation*

**Module 16: Oxygenation**
• Introduction to Oxygenation
• Measuring Oxygen Saturation Using a Pulse Oximeter
  o *Unexpected Situation*
• Administering Oxygen via a Nasal Cannula
• Administering Oxygen via an Oxygen Mask
• Nasopharyngeal Suctioning
  o *Unexpected Situation*

**Module 17: Tracheostomy Care**
• Introduction to Tracheostomy Care
• Suctioning a Tracheostomy: Open System
• Suctioning a Tracheostomy: Closed System
• Providing Tracheostomy Care Using a Disposable Inner Cannula
• Providing Tracheostomy Care Using a Nondisposable Inner Cannula
  o *Unexpected Situation*

**Module 18: Intravenous Therapy**
• Introduction to Intravenous Therapy
• Initiating a Peripheral Venous Access IV Infusion
• Changing an IV Solution Container and Administration Set
• Changing an IV Solution Container and Administration Set for a Gravity Infusion
  o *Unexpected Situation*
• Monitoring an IV Site and Infusion
  o *Unexpected Situations*
• Changing a Peripheral Venous Access Dressing
• Capping an IV Line for Intermittent Use

**Module 19: Central Venous Access Devices**
• Introduction to Central Venous Access Devices
• Changing a Central Venous Access Device Dressing
• Accessing an Implanted Port
  o *Unexpected Situation*
• Deaccessing an Implanted Port
• Flushing a Peripherally Inserted Central Catheter (PICC)
• Assessing a Peripherally Inserted Central Catheter (PICC) Site
• Obtaining Blood Samples From a CVAD
  o *Unexpected Situation*