

*Procedure Checklists for Craven and Hirnle's Fundamentals of Nursing: Human Health and Function, 6th edition*

Name \_\_\_\_\_ Date \_\_\_\_\_  
 Unit \_\_\_\_\_ Position \_\_\_\_\_  
 Instructor/Evaluator: \_\_\_\_\_ Position \_\_\_\_\_

			<b>Applying Antiembolic Stockings</b>	
<b>Excellent</b>	<b>Satisfactory</b>	<b>Needs Practice</b>	<b>Goal:</b> To promote supplementing the action of muscle contraction by venous return from the legs; to prevent deep vein thrombosis in the immobile client.	<b>Comments</b>
_____	_____	_____	1. Position client in supine position for a half-hour before applying stockings.	
_____	_____	_____	2. Provide for the client's privacy and explain the purpose of the antiembolic stockings.	
_____	_____	_____	3. Measure for proper fit before first application. Measure length (heel to groin) and width (calf and thigh) and compare to manufacturer's printed material to ensure proper fit.	
_____	_____	_____	4. Make sure legs are dry or apply a light dusting of powder.	
_____	_____	_____	5. Turn the stocking inside out, tucking the foot inside.	
_____	_____	_____	6. Ease foot section over the client's toe and heel, adjusting as necessary for proper smooth fit.	
_____	_____	_____	7. Gently pull the stocking over the leg, removing all wrinkles.	
_____	_____	_____	8. Assess toes for circulation and warmth. Check area at top of stocking for binding.	
_____	_____	_____	9. Antiembolic stockings should be removed at least twice daily.	