

*Procedure Checklists for Craven and Hirnle's Fundamentals
of Nursing: Human Health and Function, 6th edition*

Name _____ Date _____

Unit _____ Position _____

Instructor/Evaluator: _____ Position _____

			Teaching Splinting and Coughing	
Excellent	Satisfactory	Needs Practice	Goal: To facilitate respiratory functioning by increasing lung expansion and preventing alveolar collapse; to encourage expectoration of mucus and secretions that accumulate in the airways after general anesthesia and immobility.	Comments
_____	_____	_____	1. Assist client to Fowler's or sitting position. 2. If adventitious breath sounds or sputum is present, have client take a deep breath, hold for 3 seconds, and cough deeply two or three times. Stand to the client's side to ensure the cough is not directed at you. Client must cough deeply, not just clear the throat. 3. If the client has an abdominal or chest incision that will cause pain during coughing, instruct the client to hold a pillow firmly over the incision (splinting) when coughing. 4. Instruct, reinforce, and supervise deep-breathing and coughing exercises every 2 to 3 hours postoperatively. 5. Document procedure.	
_____	_____	_____		
_____	_____	_____		
_____	_____	_____		
_____	_____	_____		