**Administering Oxygen via an Oxygen Mask**

**Goal:** To monitor respiratory status of a patient with a chest tube; to ensure chest drainage system is functioning adequately to promote lung expansion.

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<th>Satisfactory</th>
<th>Needs Practice</th>
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1. Review chart for physician’s order for oxygen to ensure that it includes method of delivery, flow rate, titration orders; identify client.

2. Wash your hands.

3. Identify client and proceed with 5 rights of medication administration. Explain procedure to client. Explain that oxygen will ease dyspnea or discomfort, and inform client concerning safety precautions associated with oxygen use.

4. Assist client to semi- or high Fowler’s position, if tolerated.

5. Insert flowmeter into wall outlet. Attach oxygen tubing to nozzle on flowmeter. If using a high O₂ flow, attach humidifier. Attach oxygen tubing to humidifier.

6. Turn on the oxygen at the prescribed rate. Check that oxygen is flowing through tubing.

7. Place mask on face, applying from the nose and over the chin.

8. Adjust the metal rim over the nose and contour the mask to the face.

9. Adjust elastic band around head so mask fits snugly.

10. Assess for proper functioning of equipment and observe client’s initial response to therapy.

11. Monitor continuous therapy by assessing for pressure areas on the skin and nares every 2 hours and rechecking flow rate every 4 to 8 hours.